

Health to meet you

2019-1-CZ01-KA229-061152

Health dimension: Screen Use

Name of activity:

Poster about responsible screen use.

Description of the topic:

Create a poster with messages related to responsible screen use to be disseminated.

Initial assessment:

Starting with a documentary on screen use addiction, the students have brainstormed ideas about how many hours they spend in front of a screen and which are the consequences this may have in their health and well-being.

<https://www.youtube.com/watch?v=FgrHy8IOmmQ>

Objectives of the activity:

Have a critical attitude regarding their own habits on the use of screens.

Learn the dangers of misuse of technology and the shortcomings that may arise.

Create a poster with ideas related to responsible screen use to be disseminated.

Target group: 4th CSE (14-15 year olds).

Activity process structure, implementation:

1. We watched an advertising campaign from a well-known optic brand as an example: <https://www.youtube.com/watch?v=CVLB2pktNTQ>
2. The class was organized into different groups to think about a message they wanted to convey in their poster.
3. They designed a rough draft.



4. They prepared the materials and each group created a final version of the poster.
5. They showed it to the whole class.

Equipment, aids, tools:

Work groups.

Paint, poster board, drawing tools, glue.

Expected results, assessment:

Active participation of the students in the activity.

Co-evaluation rubric for the presentation of the poster.

References:

<https://www.youtube.com/watch?v=CVLB2pktNTQ>