

## Health to meet you

### 2019-1-CZ01-KA229-061152

#### Health dimension: Screen Use

**Name of activity:** Short film.

**Description of the topic:** Create an investigative short film after the reflection on screen abuse.

**Initial assessment:** Starting with a documentary on screen use addiction, the students have brainstormed ideas about how many hours they spend in front of a screen and which are the consequences this may have in their health and well-being.

<https://www.youtube.com/watch?v=FgrHy8IOmmQ>

#### Objectives of the activity:

Have a critical attitude regarding their own habits on the use of screens.  
Learn the dangers of misuse of technology and the shortcomings that may arise.  
Create a short film with the aim of raising awareness about screen abuse among the community.

**Target group:** 4th CSE (14-15 year olds)

#### Activity process structure, implementation:

1. We watched an advertising campaign from a well-known optic brand as an example: <https://www.youtube.com/watch?v=CVLB2pktNTQ>
2. Each group thought about the message they want to convey and prepare a script for the short film.
3. They recorded the short film and edited it using an app.
4. They show their final product to the whole class.



## Equipment, aids, tools:

Work teams.

Projector, computers, camera, phones, different materials and locations.

## Expected results, assessment:

Active participation of the students in the activity.

Co-evaluation rubric for the presentation of the short film.

## References:

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